



GREATER AUSTIN ALLERGY

ALLERGY | ASTHMA | IMMUNOLOGY

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OVERVIEW

A professional, yet compassionate Family Nurse Practitioner seeking to establish a long-term career in a clinical setting with a goal to develop a formidable relationship with both peers and patients that positively reflect the healthcare team's mission and positively impact the community served. Strong ability to encourage prevention as well as teach patients about diseases, expectations and treatment options in an easy to understand method while effectively and appropriately utilizing available resources.

EDUCATION

2006 **The University of Texas at Tyler – Bachelor of Science Nursing**

Sigma Theta Tau – Nursing Honors Society

Who's Who of College Students

Golden Key Member

2016 **The University of Texas at Tyler – Master of Science Nursing**

Theta Tau – Nursing Honors Society

Who's Who of College Students

Golden Key Member

EXPERIENCE

Feb 2019 **Family Nurse Practitioner, Family Practice, Healthpoint - Caldwell**

Highly skilled in diagnosing, treating and assisting patients across the age spectrum (with a focus on Women's Health and Pediatrics) while managing both acute and chronic disease illness

Hands-on experience in conducting detailed physical assessments and interpreting medical histories while effectively collaborating with and encouraging patients to develop their own appropriate treatment plans

Adept at prescribing age-specific therapies through best evidence-based care to uphold exceptional care.



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- Dec 2016 - Dec 2018 **Family Nurse Practitioner**, *Family Practice, Little River Healthcare & Rockdale ISD*
Highly skilled in diagnosing, treating and assisting patients across the age spectrum (with a focus on Women's Health and Pediatrics) while managing both acute and chronic disease illness
Hands-on experience in conducting detailed physical assessments and interpreting medical histories while effectively collaborating with and encouraging patients to develop their own appropriate treatment plans
Adept at prescribing age-specific therapies through best evidence-based care to uphold exceptional care.
- May 2016 - Nov 2016 **Family Nurse Practitioner**, *Pain Management, Austin Pain Associates*
Specialized in acute and chronic pain management in which patients were evaluated for contributing pain factors, developed treatment plans that included both opioid and non-opioid methods, as well as provided education to patients regarding short-term and long-term pain maintenance
Evaluated patients for complimentary treatment modalities such as nerve blocks, fluoroscopically guided injections, therapeutic injections, spinal cord stimulators, alternative medicines, behavioral health, IV infusions and physical therapy
- Mar 2015 - May 2016 **Labor & Delivery Nurse**, *Seton Family of Hospitals*
Staff nurse in a network wide float pool
- Aug 2013 - Mar 2015 **Nurse Case Manager Supervisor**, *Girling Home Health*
Coordinated all field clinicians specific to the patient's overall care, triaged patient concerns and provided communication between field staff and the patients primary care provider
Oversaw daily inner workings of case management teams, both patient-related and fiscally, while meeting and exceeding Medicare standards of care
- June 2006 - Aug 2013 **Labor & Delivery Nurse**, *Seton Family of Hospitals*
Charge nurse, staff nurse and preceptor of charge nurses, new nurses to unit, graduate nurses and Capstone/nursing students
Multiple committee member:
Created a multidisciplinary postpartum hemorrhage cart and flowsheet to be used similar to Cardiac Arrest codes, as well as developed and implemented network-wide policy and protocol
Perinatal Safety Committee - focused on implement evidence based practice to improve perinatal outcomes
Transforming Care at the Bedside - reviewed ways to make inpatient care safer, more reliable, as well as patient-centered, all while increasing the vitality of the work environment
Staffing Effectiveness - looked at appropriate utilization and brainstorming of staffing for unit specific, hospital and network wide needs as well as improved staff retention efforts



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CERTIFICATIONS & LICENSES

- May 2016 - July 2021 **Family Nurse Practitioner**
American Academy of Nurse Practitioners - Austin, TX
- May 2016 - July 2020 **Advanced Practice Nurse - Nurse Practitioner**
Texas Board of Nursing - Austin, TX
- Aug 2004 - Mar 2019 **Basic Life Support - CPR**
American Heart Association
- Aug 2016 - Aug 2019 **US Department of Justice - DEA**
Office of Diversion Control
- **US Centers for Medicare and Medicaid Services - NPI**
CMS/Baltimore, MD

SKILLS

Critical Thinking	Patient	Attention to Detail
Accountable	Socially Perceptive	Compassionate